



Thoughtfully designed products for premature babies
and their parents, developed in
conjunction with medical professionals

Reassurance for parents and babies

www.cuski.com

Brochure 2020

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About Cuski®Medical

Cuski®Medical began with the creation of Miniboo®, a tiny version of the popular Cuskiboo® which is a baby comforter made from bamboo rayon.

Miniboo® was especially made to help with bonding and comforting for premature babies and their parents in NICUs and SCBUs at what is always a very difficult time.

This hugely successful innovation led to the development of Claire's Nest. It was designed, created and perfected in conjunction with Claire Ellerby, head of the Developmental Care Team, Special Care, Royal Victoria Infirmary in Newcastle.

Since then we have developed many more products for use in this vital area of developmental care.

Our products are used in over 125 units across the UK and also overseas in Ireland, Portugal, Israel, Jordan, Romania, Croatia, Serbia, Slovenia, Greece, Cyprus, Bulgaria, Hungary, Chile, Ghana, New Zealand, Australia and India.

Our Developmental Care products meet all relevant international safety standards & CE marks.



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Miniboo[®] by CUSKI[®] medical

The Miniboo[®] concept is now being used throughout the UK as part of developmental care within the NICU/SCBU. Miniboo[®] is an infant comforter that was created to bring comfort and security to babies, by stimulating the baby's awareness of mother/father's unique scent. They are a useful bonding aid to compliment Family Centred Care, Kangaroo Care and Breastfeeding, within the neonatal unit.

Miniboos are a smaller version of a Cuski[®] specifically designed for use with preterm babies. They are made from 100% bamboo rayon fibre that is absorbent, eco-friendly and has anti-bacterial properties. Voted Best Practice Initiative by Unicef Baby Friendly International Conference 2015, taking neonatal care to the next level. Used as part of the developmental care programme on the NICU or SCBU in UK hospitals.

Studies suggest a baby's ability to smell their mother is one of the most important steps in learning recognition.

Miniboo[®] is kept with the mother/father to pick up on her/his smell, so that when it is given to baby, he or she will automatically detect the mothers/fathers scent, creating a comforting, soothing environment for the baby and the reassurance parents need during the time they are apart. Miniboo[®] also absorbs baby's unique scent to help stimulate milk production during times of separation.

Recent testimonials from midwives have shown that Miniboo[®] calms baby when they are away from mum by lowering their heart rate, as well as reducing blood pressure and helping keep baby calm when undertaking uncomfortable medical procedures. When with mum, Miniboo[®] encourages the let-down of milk making it an excellent way to improve breast feeding.

The Miniboos need to be scented by the parents and baby prior to use.

To scent a Miniboo for parents it should be placed in the incubator or cot near to the baby. This is beneficial for breastfeeding mums who can then take the Miniboo home with them for use during expression. Provision of a photo and being able to smell their baby's unique scent can help stimulate milk production during times of separation.

To scent a Miniboo for the baby it should be placed against the skin of the parents. Breastfeeding mums can place the Miniboo into their bra or near their breasts. The scent of mum and her breast milk will then be transferred on to the Miniboo. This can soothe, calm and comfort the baby. Fathers are also encouraged to use the Miniboos.

Registered Midwife and Health Visitor Katie Hilton said: "The benefits of the Cuski Miniboo are matchless in terms of benefits for both mum and baby. After working with mothers and babies who have used the Cuski Miniboo from birth, being able to witness the benefits first-hand has been remarkable; something so simple has had a massive impact on development of both premature and full-term babies, as well mothers themselves when it comes to improving milk flow, encouraging bonding and attachment".

"The praise the Cuski Miniboo received at the UNICEF Neonatal Conference was fantastic, giving the product the added credibility and awareness that it deserves. It would be fantastic to see the Cuski Miniboo filtered out to more hospitals in the UK, before hopefully moving on to become a standard part of all developmental care programmes".



Miniboo® by cuski® medical

- Used widely in Neonatal Units & Special Care Baby Units across the United Kingdom and beyond. It is now an essential element of any developmental care plan provided on these units.
- Has proved invaluable for multiple births where siblings have been separated.
- The only baby comforters to have their own NHS protocol/guidelines.
- Helps to encourage the bonding process when parents are not able to hold their child.
- Machine washable and retains its comforting softness, wash after wash.
- Made from 100% bamboo rayon fibre which is ultra absorbent, anti-bacterial and, importantly, eco-friendly.
- Available exclusively as twin packs so they can be easily swapped between baby and parents.
- Helps to keep baby calm when undertaking uncomfortable medical procedures.
- When with mum, Miniboo encourages the let-down of milk making it an excellent way to improve breastfeeding.
- Voted Best Practice initiative by UNICEF.
- Absorbs baby's unique scent to help stimulate milk production during times of separation.
- Useful bonding aid to compliment Family Centred Care, Kangaroo Care and Breastfeeding, within the neonatal unit.

Suitable from birth to 3 months. Adheres to all safety regulations required. Available in cream, blue, pink, mint and berry (bamboo rayon) and multi pattern (brushed cotton). Dimensions: length 19.5cm

Please note, in most units plush toys are NOT allowed in incubators, Miniboos and Cuskiboos ARE allowed.

We can add your charity/trust/unit logo label to each Miniboo. For hospital price list and our latest brochure please email accounts@cuski.com.



www.cuski.com

*Made from Bamboo rayon/brushed cotton. Ethically sourced & manufactured.
Made in Turkey.*



Ellie is made from super soft brushed cotton that can be washed at up to 60°C



Cuski Miniboo are the only baby comforters to have their own NHS protocol for use in hospitals and are NHS approved for use in SCBU's.

INSTRUCTIONS FOR USE

- Parents should receive 2 miniboos. The babies name can be marked on each miniboo label, in pen, for identification of ownership.
 - 1 Miniboo is used with the baby, while the other miniboo is kept with the parents.
 - The Miniboos will need to be scented by the parents and baby prior to use.
 - **To scent a Miniboo for parents** it should be placed in the incubator or cot near to the baby. This is beneficial for breastfeeding mums who can then take the miniboo home with them for use during expressing. Provision of a photo and being able to smell their baby's unique scent can help stimulate milk production during times of separation.
 - **To scent a Miniboo for the baby** it should be placed against the skin of the parents. Breastfeeding mums can place the Miniboo into their bra or near their breasts. The scent of mum and her breast milk will then be transferred on to the Miniboo. This can soothe, calm and comfort the baby.
 - Siblings are also encouraged to use the miniboos.
 - Parents should be advised that they should not wear heavy perfumes or deodorants, or drink alcohol or smoke prior to scenting the miniboo, as these smells will transfer onto it and then the baby will be exposed to them.
 - Miniboos are washable at 30 degrees and should be dried on a low setting.
 - Parents should be advised to use a non-biological washing powder at home.
- After washing the Miniboo will need to be scented again by the baby or parent, prior to use.



“Thank you Cuski for creating the Miniboo and Cuski - we found the Miniboo invaluable when bonding with Reggie during his four and a half month NICU stay at The Royal London, always having one down my top and one in the incubator.....Cuski fans for life!”



“...we were given a set of miniboos for both him and I. I loved going into hospital each morning and switching ours over so he had my scent and I had his. It was so comforting for both of us I think and a lovely way to still feel like you are doing something useful when your hormones are going crazy and unable to be with your baby the way you want to be.”



Claire's Nest®

(non-collapsible)

Designed, inspired and created by Claire (Neonatal Sister)
& Cuski Baby Ltd.

An essential element of any developmental care package
provided on the Neonatal Unit.



- Provides the optimum environment to contain and support the position of the baby, helping to facilitate normal physical development.
- Designed and constructed with safe boundaries and comfort to aid physiological stability and support positive neurodevelopmental outcomes.
- The baby is comfortably contained within the nest design by 2 soft but firm boundaries, positioned around the body and head of the baby.
- 2 wide straps on either side of the nest are used to provide security and help support the normal flexed posture experienced while in the womb.
- In tests passed 90°C wash, ideally recommend wash up to 70°C. Save our planet 😊
- The nests provide the security and boundaries for premature babies that they lose when they are born early. Being born so early leaves the babies vulnerable to external stimuli that can impact on their development. They are used to mimic the safety of the womb and to support development.
- The only nest available with all surrounding boundaries.
- When positioned in Claire's Nest, the baby is able to move their arms and hands, allowing movement towards their face and mouth, giving them the opportunity to self comfort.
- The nests are ready to use, saving clinical staff the time it would take to construct nests from towels and sheets.



www.cuski.com

Available in 4 sizes. Made from ultra-soft combed cotton. All Cuski products are ethically sourced & manufactured. Made in Turkey.



Claire's Nest®

(non-collapsible)

Designed, inspired and created by Claire (Neonatal Sister) & Cuski Baby Ltd.

An essential element of any developmental care package provided on the Neonatal Unit.

Available in 4 sizes.

- Extra small. For babies <900g
- Small. For babies of 800-1350g
- Medium. For babies of 1300-2250g
- Large. For babies > 2250g

Made from ultra soft combed cotton, ethically manufactured in Turkey.

Cuski have developed the Bertie Positioning Aid to be used in conjunction with Claire's Nest. Bertie positioner individualises the support provided for the baby in several different positions.

For hospital price list or if you are a parent and wishing to make a donation of these products to your local unit please email accounts@cuski.com.



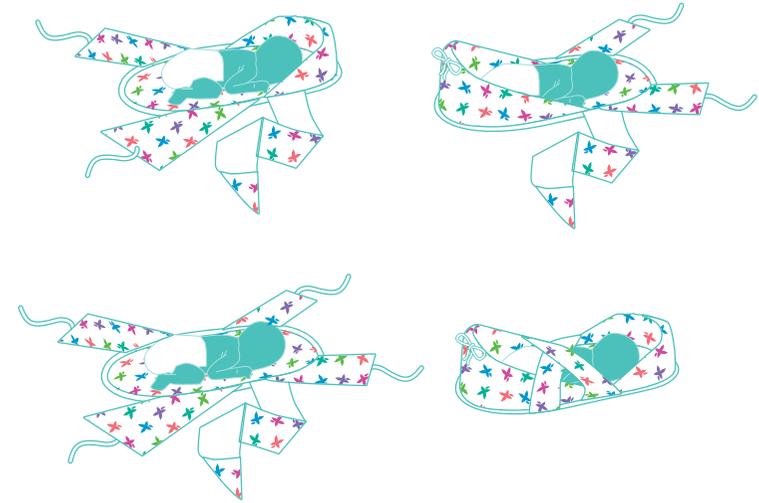
www.cuski.com

Available in 4 sizes. Made from ultra-soft combed cotton. All Cuski products are ethically sourced & manufactured. Made in Turkey.

Claire's Clinical Nest[®]

(collapsible)

Designed, inspired and created by Claire (Neonatal Sister) & Cuski Baby Ltd.



Developed as an alternative to the standard Claire's Nest, the Clinical Nest has sides that can be folded down for ventilation tubing and respiratory support, for wires and tubes and for easy access to babies to promote minimal handling.

Claire's Clinical Nest is being used in NHS hospitals across the UK and is approved for use in SCBU's and NICU's.



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Safe, consistent and fully machine washable at 70°C.

Made from ultra soft combed cotton.

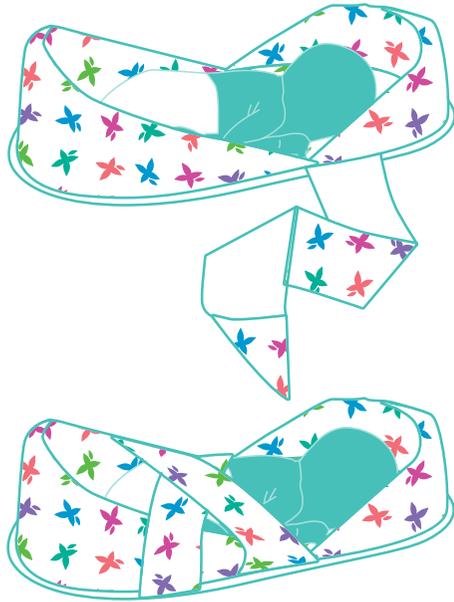
All Cuski products are ethically sourced & manufactured. Made in Turkey.



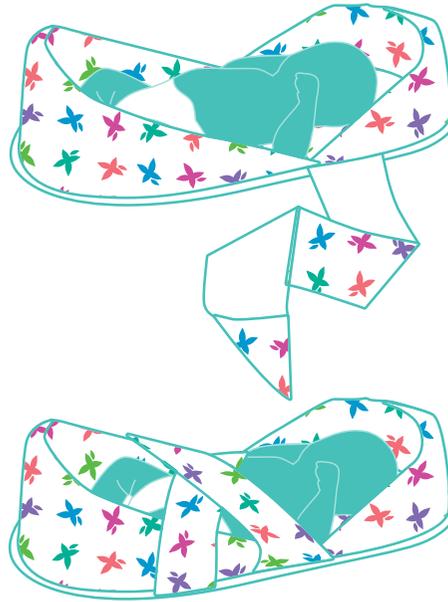
Claire's Nest®

“The purpose of nesting is to give your baby boundaries, much like they had inside the womb. So they have a surface to touch and brace against when they stretch. Nests help them to curl up, settle, sleep and stay warm.” Caring for your Baby in the Neonatal Unit by Inga Warren & Cherry Bond

PRONE



SUPINE

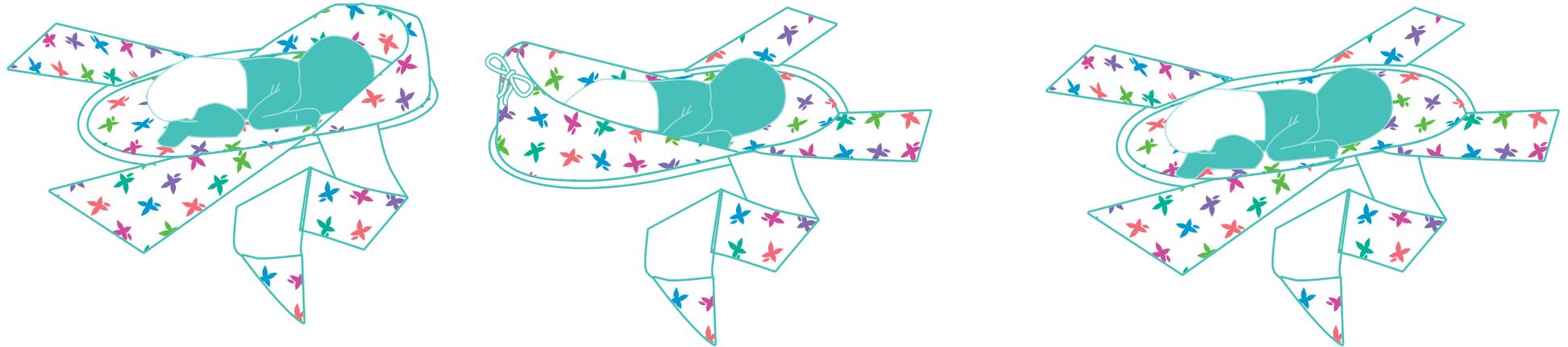


LATERAL



- Any baby nursed prone or lateral within Claire's Nest MUST be monitored via a cardiorespiratory monitor or apnoea box. This should be discussed and explained to parents. Safe sleeping with regards to reducing cot death risk, should always be discussed with parents in accordance with current healthcare guidelines.
 - Temperature control is important when using Claire's Nest, as it provides a thermal environment for the baby. The baby's temperature should be checked prior to placing in the nest, and 1 hour later to avoid overheating. Temperatures should be observed regularly, and incubator temperatures adjusted as needed.
 - Position change in babies should be regular over the day. This has shown to help reduce head moulding and flattening in some babies, and provides regular pressure care relief to support good skin integrity. Lateral and Prone positioning has also shown to improve digestion and respiratory effort in some babies.
 - When positioning in Claire's nest, the baby should be able to move their arms and hands, allowing movement towards their face and mouth, giving them the opportunity to self comfort.
 - When using Claire's nest try to help the baby maintain a flexed, midline position with the feet snugly at the base of the nest.
 - The nest straps can be used to supportively draw the nest in to the baby. Movement should never be restricted or prevented.
 - The individual needs of each baby should be assessed. If unsure about positioning, staff should seek guidance from their Clinical Educator or ward Physiotherapist.
 - Do not use if any component is broken or missing.
 - Nest sizes are provided for guidance only. Always assess each baby individually, and use an appropriate sized nest . Cuski's Bertie positioning aid can be used to help customise each nest for individual use.
 - NESTS ARE FOR HOSPITAL USE ONLY.
 - IMPORTANT — Read the instructions carefully before use and keep them for future reference. Washcare:    .Wash up to 90°C, **cool dry only**.
- CONFORME AUX EXIGENCES DE SECURITE

Claire's Nest® Clinical Nest



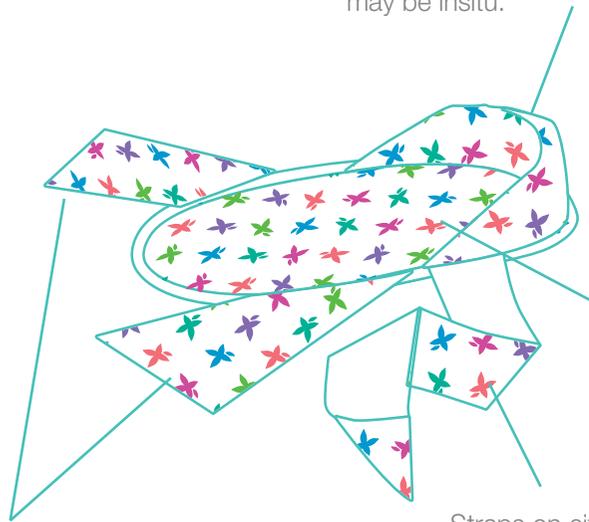
- The sides can be folded down to accommodate respiratory equipment, wires and tubing.
- This feature also allows easier access to the baby for cares and procedures, supporting minimal handling.
- Use in the same way as Claire's Nest (Page 1)

- Any baby nursed prone or lateral within Claire's Nest MUST be monitored via a cardiorespiratory monitor or apnoea box. This should be discussed and explained to parents. Safe sleeping with regards to reducing cot death risk, should always be discussed with parents in accordance with current healthcare guidelines.
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- Nest sizes are provided for guidance only. Always assess each baby individually, and use an appropriate sized nest . Cuski's Bertie positioning aid can be used to help customise each nest for individual use.
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• IMPORTANT — Read the instructions carefully before use and keep them for future reference. Washcare:    .Wash up to 90°C, **cool dry only**.
CONFORME AUX EXIGENCES DE SECURITE

Claire's Nest® Clinical Nest

Feet positioned snugly at the base of the the large boundary of Claire's Nest. This boundary can be folded down, allowing easier access to babies for cares and procedures. This feature is also beneficial for the closer observation of any lines or tubes that may be insitu.

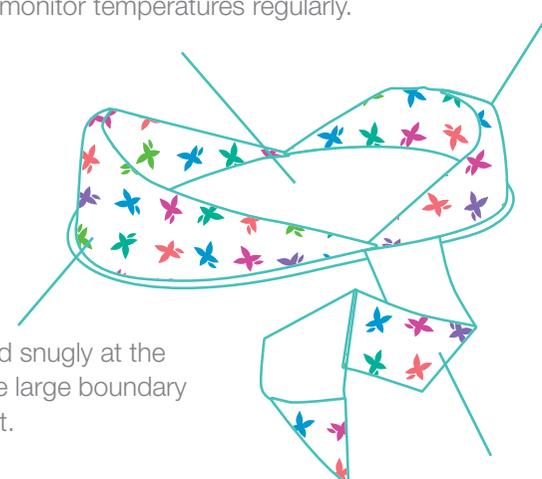


The nest provides a thermal environment for the baby. Please monitor temperatures regularly.

Head positioned towards the small boundary of Claire's Clinical Nest. The boundary can be folded down to support respiratory equipment, wires and tubes.

Straps on either side of the nest can be used to supportively draw the nests in to the baby. The movement should never be restricted or prevented.

The nest provides a thermal environment for the baby. Please monitor temperatures regularly.



Feet positioned snugly at the base of the the large boundary of Claire's Nest.

Straps on either side of the nest can be used to supportively draw the nests in to the baby. The movement should never be restricted or prevented.

Head positioned towards the small boundary of Claire's Nest.

Bertie Positioner®



Bertie Positioning aid was developed to be used in conjunction with Claire's Nest.

Each Bertie comes with a soft brushed cotton cover and is filled with special Polyethylene PE beads that can be washed up to 90 degrees and then cool dried.

Nest sizes are provided for guidance only, therefore each baby should be assessed individually and an appropriate sized nest for their needs chosen. Cuski's Bertie positioning aid can be used to help customise each nest for individual use, supporting the baby comfortably in a prone, supine or side lying position.

A flexed, midline position should be maintained within the nest and the baby should always be able to move their arms and hands freely, allowing movement towards their face and mouth, giving them the opportunity to self-comfort.

Bertie can be versatile and used without Claire's nest if required - place Cuski muslins around Bertie to create a home made nest.

PRONE

SUPINE

LATERAL



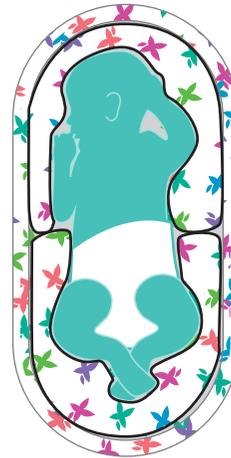
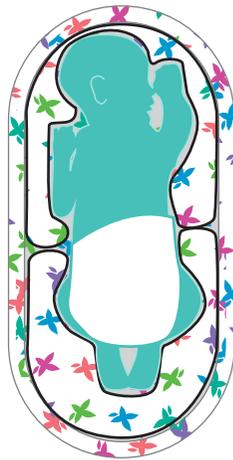
Baby in Nest



Baby in Nest



Baby in Nest



Bertie is very versatile and can be used individually or with Claire's Nest. One or more Berties can be used to adapt the nest to the needs of each individual baby. These illustrations demonstrate some ways that Bertie may be used in conjunction with Claire's Nest.

Bertie is very versatile and can be used individually, as well as with Claire's Nest.

A home made nest can be created by using a few Bertie's placed together as a boundary. A muslin can then be placed over the top and tucked in to secure the nest in to the required shape.



Cuski® Essentials

Super soft multi-use bamboo muslins that are soft and gentle on the delicate skin of preterm babies

Properties

- Bamboo muslin is inherently soft so is ideal for delicate skin
- Bamboo muslin has anti-bacterial properties
- Available in 3 sizes (30cm x 30cm; 60cm x 60cm and 90cm x 90cm)
- Available in sets of 2 for larger muslins and sets of 7 for smaller muslins
- Easily washed (at 30°C) and soften with each wash

Uses

- Cot or incubator sheet
- Bathing wrap for assisted bathing
- Inside Claire's Nest
- Can be rolled up to create a positioner
- For Kangaroo Care
- Smaller muslins are suitable as reusable wipes
- place under babies head to catch posits and vomits so reducing the need to change bedding and so avoiding overhandling
- Light blanket



Incubator Cover

Cuski® Incubator covers are anti-bacterial, black out and anti-slip.

They have 8 easy access flaps and a Photo Therapy Opening.



- Anti-bacterial
- Black out
- Anti-slip
- 8 easy access flaps
- Photo Therapy Opening
- Fits all popular incubators
- CE
- Competitive pricing

Breastfeeding Pillow

Cuski® Breastfeeding Pillow is made from the same super-soft bamboo material as our muslins.



- Anti-bacterial
 - Super-soft
- Extra comfort for mum and baby
 - Portable



Testimonials

L.G.: "I loved the Miniboos. Really helped when we were apart and I think it was a comfort to my baby too when I wasn't there. I loved the swapping over and getting to see him react to my smell. Having his scent with me was amazing for bonding and it did help with milk supply too."

L.K.: "when I was given one with our second premature baby, I felt myself welling up. After my emergency section, I slept with it tucked in my bra ... it definitely helped to bring me comfort when I was in pain and feeling lonely. Jemima was then given one on her 5th birthday so we then switched to swapping between the siblings. As a big sister, she was SO excited to sleep with one and then swap them over. She took real pride in this 'job' of comforting Posy when we weren't there. I really do believe it helped my little girl at home bond with her baby sister. It's so hard for them to understand why their baby doesn't come home like everyone else's siblings and I think the Miniboo really helped her feel connected to her sister before discharge. They are really special."

A.M.: "Whenever I felt those nasty, sad tears on a night when the lights went out I cuddled ours to my face so I could smell my little boy. I honestly believe it helped me and Harry have a connection as he knew who his mammy was by my smell, sometimes licking his miniboo when he was getting settled....One of Harry's is now pride of place on his nursery wall in a collage to remind him of his strength and fight."

J.T.: "The Miniboos were such an important part of bonding with Samson when I couldn't have him with me. He's 10 months old now and we still use them, they came to the Freeman when he had his heart surgery last month and it was comforting to know that he could still smell us while he was in PICU. He's such a daddy's boy that it was mostly his dad that slept with the miniboos then!"

K.C.: "I loved my Miniboo I used to sniff it constantly even though I was just on the ward down ...even being away from him for a second made me miss him. I loved swapping and having my baby's lovely fresh smell on it. I cuddled it in tight on a night time dreaming of when it would be him."

K.D.: "A simple way for me to feel connected to my baby when we couldn't be together. It was a comfort to know a part of us was with him too. I strongly believe that they helped us bond and establish my milk supply and eventually breast feeding. I still like to rub it on my cheek when I'm looking through our memory box. Such a beautifully simple idea making such a difference to life changing circumstances. You should be so proud."

L.G.: "I loved the Miniboos. Really helped when we were apart and I think it was a comfort to my baby too when I wasn't there. I loved the swapping over and getting to see him react to my smell. Having his scent with me was amazing for bonding and it did help with milk supply too."

D.T.: "Mine are still being used after my special twins boys' 144 days in SCBU. With Thomas critically ill in PICU we have continued to use the Miniboos this time, swapping them between him and his twin brother Matthew. They have been apart for nearly 3 weeks and we wanted to keep up the twin bond so that Thomas knows his big brother needs him to get well and come home.... we feel the twin scent on these Miniboos is helping to keep Thomas alive.... these Miniboos have maintained the twin bond we needed so that Matthew still knows his brother is alive and for Thomas to know his brother is rooting for him. For that reason, the Miniboo is everything to us."

N.A.: "I love our Miniboos they are such a great way to feel closer to Jade when we had to leave her at night and it was comforting knowing she could still have my smell with her as I always worried that she might forget who I was with us leaving her every night. A nurse also gave my 10yr old daughter one so she could do the same as me so she could feel close to her baby sister as she was finding it hard that she couldn't just cuddle her when she wanted. Jade actually still sleeps with her mini boo all the time. They really are a great thing."

A.W.: "I was desperate to be able to feed Stan myself and honestly feel that the Cuski's were instrumental in helping both of us take to breastfeeding so well. And not only that they gave me something to carry away from the unit. So important when you're leaving your baby behind every night. And now at almost 19 months there is nothing more lovely than hearing him ask for 'custy' as he falls asleep."





"My twin girls were born 9 weeks early in August in Rotherham SCBU. My twins were in incubators but seeing them for the first time all snug in their nests gave me comfort knowing they felt like they were still in the womb." Stacey S



"He was just so calm and peaceful the whole time he was in his nest..."

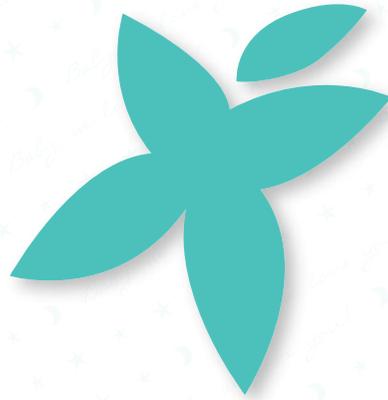


*"Our gorgeous identical baby girls Maisie and Poppy born at 30wks weighing 2lb13 and 2lb15 snuggled up in their baskets with what I believed was their guardian angels on them to protect them when we weren't there over night. We would often return to find both girls on their backs in their nests, legs hanging out the side as though they were on a sun lounger. We spent 8 weeks on special care at Newcastle RVI and received the best care ever. Thank you to all involved ♥ xxx"
Helen Angus*



"Oliver spent 10 weeks on scbu at RVI in Newcastle from march 2017 until late May. We were amazed by the claires nests. They are so beautiful and vibrant but are also so clever in mimicking the womb to help the baby feel safe and secure as well as supporting them positionally to aid development. Oliver loved nothing better than tummy time in his nest wrapped up having 'a cuddle'" Kelly Fields





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DISTRIBUTOR DETAILS GO HERE

All products comply with all relevant international safety standards:

BS EN71-3 CE British & European | US CPSIA 110-314 US Regs | US ASTM F963-07 US Regs | US CPSIA 101 & 108 | Canadian Safety Regulations C931

Registered Design Number 2086842 | Registered Trademark Numbers 2196415, 2447221, 1162307, 1 312 296, 2489434, 3516859

Biodegradable & Recyclable Packaging All Cuski products are ethically sourced & manufactured
Made in Turkey



Cuski Medical



Miniboo - Mini Cuski

